

40 Developmental Assets Checklist

Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring, and responsible. Please read each item under Asset name and definition and mark if this appears in your life. **A big YES means definitely, a little yes mean pretty much and big NO Never ever and a little no means just sometimes. THIS IS ALL CONFIDENTIAL AND YOUR NAME WILL NEVER BE CONNECTED TO THESE STATEMENTS. This checklist is meant for discussion ONLY and DOES NOT represent a scientific instrument that assesses the level of Developmental Assets a young person has. Thanks!**

		YES	yes	no	NO	
EXTERNAL ASSETS	Support	1. Family Support - My family provides high levels of love and support.				
		2. Positive Family Communication - My parent(s) and I communicate positively, and I am willing to seek advice and counsel from my parent(s).				
		3. Other Adult Relationships - I receive support from three or more nonparent adults.				
		4. Caring Neighborhood - I have caring neighbors.				
		5. Caring School Climate - My school provides a caring, encouraging environment.				
		6. Parent Involvement in Schooling - My parent(s) are actively involved in helping me succeed in school.				
		7. Community Values Youth - I believe that adults in the community value youth.				
		8. Youth as Resources - I believe young people are given useful roles in the community.				
		9. Service to Others - I serve in the community one hour or more per week.				
		10. Safety - I feel safe at home, school, and in the neighborhood.				
		11. Family Boundaries - My family has clear rules and consequences and monitors my whereabouts.				
		12. School Boundaries - My school provides clear rules and consequences.				
		13. Neighborhood Boundaries - My neighbors take responsibility for monitoring my behavior.				
		14. Adult Role Models - My parent(s) and other adults model positive, responsible behavior.				
		15. Positive Peer Influence - My best friends model responsible behavior.				
		16. High Expectations - Both parent(s) and teachers encourage me to do well.				
	17. Creative Activities - I spend three or more hours per week in lessons or practice in music, theater, or other arts.					
	18. Youth Programs - I spend three or more hours per week in sports, clubs, or organizations at school and/or in the community.					
	19. Religious Community - I spend one or more hours per week in activities in a religious institution.					
	20. Time at Home - I am out with friends "with nothing special to do" two or fewer nights per week.					
	21. Achievement Motivation - I am motivated to do well in school.					
	22. School Engagement - I am actively engaged in learning.					
	23. Homework - I do at least one hour of homework every school day.					
	24. Bonding to School - I care about my school.					
	25. Reading for Pleasure - I read for pleasure three or more hours per week.					
INTERNAL ASSETS	26. Caring - I place high value on helping other people.					
	27. Equality and Social Justice - I place high value on promoting equality and reducing hunger and poverty.					
	28. Integrity - I act on convictions and stand up for my beliefs.					
	29. Honesty - I "tell the truth even when it is not easy."					
	30. Responsibility - I accept and take personal responsibility.					
	31. Restraint - I believe it is important not to be sexually active or to use alcohol or other drugs.					
	32. Planning and Decision Making - I know how to plan ahead and make choices.					
	33. Interpersonal Competence - I have empathy, sensitivity, and friendship skills.					
	34. Cultural Competence - I have knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.					
	35. Resistance Skills - I can resist negative peer pressure and dangerous situations.					
36. Peaceful Conflict Resolution - I seek to resolve conflict nonviolently.						
37. Personal Power - I feel I have control over "things that happen to me."						
38. Self-Esteem - I have a high self-esteem.						
39. Sense of Purpose - I would say "my life has purpose."						
40. Positive view of personal future - I am optimistic about my personal future.						

